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Consumer Preferences for New Fermented Food Products that Mix Animal and Plant Protein Sources

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Abstract: Consumers are being encouraged to increase the proportion of plant protein in their 24 diets to enhance the sustainability of food systems. One approach is to develop plant-protein-25 rich foods that are acceptable to consumers. This study examined French people's reactions to 26 cheese alternatives-new fermented products that mixed animal and plant protein sources. We 27 conducted experimental sessions with 240 French participants to assess their responses to three 28 fermented products containing different percentages of yellow pea and cow's milk. First, we 29 30 asked the participants to blind-taste the three products and solicited hedonic scores of products. We then provided the participants with simple information about the products' composition 31 and asked them to taste and score the liking of the products a second time. We also asked 32 consumers to estimate their willingness to pay (WTP) for each product before and after 33 revealing additional information about the nutritional or environmental benefits of consuming 34 pea-based foods. The product with the lowest percentage of pea and the highest percentage of 35 milk received the highest hedonic scores, and WTP was correlated with the hedonic scores. 36 The additional information about the nutritional and environmental benefits of pea-based foods 37 led to significant increases in WTP for two of the fermented products, but not for the least 38 preferred product, namely the one with the highest percentage of pea. This finding suggests 39 that participant reactions to information depended on hedonic preferences. 40

41

42 Highlights:

43 -We combined hedonic and willingness to pay (WTP) approaches to study consumer behavior

- 44 -Information about nutritional and environmental impacts may promote dietary transitions
- 45 -Participant preference increased as the product's pea percentage decreased
- -WTP increased with hedonic preferences but was differentially affected by nutritional and
 environmental information
- 48 -Developing fermented products that mix animal and plant protein sources is a major challenge
- 49 -Partially replacing animal ingredients with plant ingredients could enhance dietary50 sustainability
- 51
- 52 Keywords: Plant-based product, consumer behavior, economic approach, sensory analysis

53

54 **1. Introduction**

The global population is predicted to reach 10 billion by 2050, and there is thus increasing 55 concern about how human diets affect human health and the environment (Poore & Nemecek, 56 2018, Springmann et al., 2018a, McClements, 2019). One of the major factors responsible for 57 the negative impacts of modern diets is that they are based on large quantities of animal-based 58 foods (Poore & Nemecek, 2018). Indeed, unbalanced diets are responsible for obesity, diabetes, 59 and/or cardiovascular diseases in many countries (WHO, 2015, and Willett et al., 2019), and 60 food production accounts for 25% of the world's greenhouse gas emissions (Lock et al., 2010 61 62 and Tilman and Clark, 2014).

To promote healthier and more sustainable food systems, consumers are being 63 encouraged to explore alternative diets and to switch to more plant-based diets (Floros et al., 64 2010, Springmann et al., 2017). The EAT-Lancet Commission on Food, Planet, Health (Willett 65 et al., 2019) defined ambitious sustainable diets for different regions of the world and suggested 66 that dietary improvements could result in significant benefits for human health and the 67 environment. In particular, this commission recommended (1) a decrease in the consumption 68 of meat, sugar-based products, and processed industrial dishes and (2) an increase in the 69 consumption of fruits, vegetables, seeds, nuts, and legumes (e.g., peas and lentils). It also 70 71 advised that the populations of North America, Asia, and Europe (including France) should reduce their consumption of dairy products. 72

Several other studies have highlighted the substantial benefits that can be obtained by reducing the consumption of animal-based foods (see for instance Aston et al., 2013, Springmann et al., 2018b, WCRF, 2018, and WHO, 2015). However, developing animal-based substitutes products that consumers will accept is a significant challenge. To this end, it is important to conduct studies in which researchers present consumers with plant-based

alternatives to traditional animal-based products and assess their responses (Hartmann and
Siegrist, 2017). Indeed, increasing the desirability of plant-based products is one option for
reducing the consumption of animal-based foods. In this context, fermented products are of
interest because they can contain mixtures of animal and plant protein sources, allowing for
product reformulations that are compatible with greater dietary sustainability.

However, the consumption of legumes is relatively low in many countries belonging to 83 the Organization for Economic Co-operation and Development (OECD) (Tobler et al., 2011; 84 Siegrist et al., 2015; Weinrich, 2019). This trend may be due to consumers perceiving plant-85 based foods as having multiple unpleasant flavors and tastes (e.g., bitter, vegetal, earthy) or 86 being unfamiliar with plant-based alternatives to meat or dairy products (Schösler et al., 2012; 87 Hartmann and Siegrist, 2017). Consequently, it is challenging to develop plant-based foods 88 that will appeal to consumers. Furthermore, this process involves better understanding the 89 90 trade-off between consumer preferences and health/environmental benefits and exploring how such dynamics are affected by the relative percentage of different protein sources in food 91 products. 92

In this study, we developed new fermented products that combined animal and plant 93 protein sources and studied participants' behaviours. We chose to employ this food type 94 because it has been overlooked in previous researches. Our approach is original because we 95 used different percentages of animal and plant protein sources in the products. Our plant protein 96 source was the yellow pea, a legume commonly cultivated in northern Europe, including 97 France. The yellow pea (*Pisum sativum*) is particularly rich in proteins, fiber, and minerals 98 99 (González et al., 2011). Compared to cow's milk, legumes have a relatively low impact on the environment, which includes a weaker carbon footprint. Legumes such as yellow peas require 100 the use of very few pesticides. Moreover, they can be grown without any nitrogen fertilizers 101 because they fix their own nitrogen. When used in crop rotations, legumes provide a major 102

boost to subsequent crops such as wheat, barley, and corn; for example, a 20% gain in yieldhas been observed (Knight, 2012).

Consumer acceptance of and willingness to pay for fermented foods containing 105 mixtures of animal and plant protein sources may be driven by hedonic preferences, including 106 participants' awareness of health and environmental impacts. We thus investigated whether 107 participants who were informed of food-related health and environmental issues were more 108 willing to purchase these types of products. Briefly, we first asked participants to provide a 109 hedonic score for the food products before and after being given basic information on the 110 products' composition. Then, the participants were asked to indicate their willingness to pay 111 (WTP) for a given product before and after being given additional information about the 112 product; half the participants were told about the nutritional benefits of consuming pea-based 113 foods, and half were told about the environmental benefits of consuming pea-based foods. The 114 study's goal was to identify the various drivers and barriers involving in consumer preferences 115 and WTP. 116

117 The remainder of the paper is organized as follows. Section 2 focuses on the protocol 118 design, and Section 3 presents the results. Section 4 discusses the implications of results and 119 Section 5 concludes.

120

121 **2. Materials and methods**

122 This section describes the design and production of the fermented food products used in the 123 study, the experimental sessions with the study participants, and the statistical analyses.

124 2.1. Design and production of the fermented products used in the study

125 2.1.1. Ingredients and raw materials

We obtained pea protein isolate (NUTRALYS®S85F) from Roquette Frères (Lestrem,
France), skimmed cow's milk powder from Lactalis (Bourgbarré, France), and rapeseed oil
(Fleur de Colza, Lesieur, France) from a local supermarket. Glucono delta-lactone (GDL) was
used for coagulation (Sigma Aldrich, Steinheim, Germany). Agar (HP700IFG, Kalys, Bernin,
France) was used to strengthen the gels.

131 2.1.2. Microbial strains and inoculation preparation

To ferment the products, we used four cheese strains (CNRZ212, S3, 3550, and ATCC 204307) 132 from the following species (respectively): Lactobacillus rhamnosus (a lactic acid bacterium), 133 Lactococcus lactis (a lactic acid bacterium), Kluvveromvces lactis (a yeast), and Geotrichum 134 candidum (a yeast); all these microorganisms have been granted qualified presumption of 135 safety (QPS) status. These strains were chosen because they can grow on pea protein isolate 136 and change the isolate's initial green off-note (Ben Harb et al., 2019). Strains were cultured 137 separately at 28°C for 48 to 72 h on the following broth media: Man, Rogosa, and Sharpe 138 (MRS) agar for the lactic acid bacteria and potato dextrose broth (PDB, Biokar Diagnostics) 139 for the yeasts. When the stationary phase of growth was reached, cells were harvested by 140 centrifugation (5000×g, 10 min, 4°C), washed in sterile physiological saline (NaCl 9g/l), and 141 re-suspended in sterile physiological saline at a cell density of 8.0 log10 CFU/ml. 142

143 2.1.3. Preparation of gels

We prepared two types of initial emulsions—100% pea and 100% milk. We then made four further emulsions intended for fermentation: i) a 100% pea emulsion; ii) a mixture containing 75% pea emulsion and 25% milk emulsion; iii) a mixture containing 50% pea emulsion and 50% milk emulsion; and iv) a mixture containing 25% pea emulsion and 75% milk emulsion.

Further details about the preparation, gelation, and fermentation of the food productsare given in Appendix A. After 14 days of fermentation, the products were packed and stored

at 4°C for 5 days until they were consumed during the experimental sessions. The composition 150 of the four foods is described in Table 1. Fermentation took place at the INRAE Joint Research 151 Unit for Cheese in Aurillac, France (see https://www6.ara.inrae.fr/umrf/), which respected 152 all necessary food safety procedures. 153

The fermented products were transported to Paris in a refrigerated vehicle a few days 154 before the experimental sessions began and were stored at 4°C. Figure 1 shows the products 155 just before the tasting trials were initiated. The products were all tested for five foodborne 156 pathogens—Listeria monocytogenes, Staphylococcus aureus, Salmonella, Bacillus cereus, and 157 Escherichia coli-by two COFRAC-accredited testing laboratories (Eurofins Scientific and 158 AGROLAB'S). 159

Four days before beginning the experimental sessions and after conducting some 160 preliminary tests, we decided not to use the 100% pea product for organoleptic reasons: it was 161 deemed to be too different from the three other products. 162

163

164 2.2. Experimental sessions with the study participants

2.2.1 The experimental conditions 165

The experiment was carried out over multiple sessions in October 2019 at Eurosyn, a 166 private consumer testing company in Villebon-sur-Yvette, a city located 20 km south of Paris. 167 The company has a tasting room that can accommodate up to 16 people simultaneously. There 168 were 11-16 participants in each experimental session. Each participant was set up in an 169 individual booth lit with a white light and equipped with the Fizz software (Biosystem, 170 Couternon, France); the tasting room was kept at a stable temperature (20°C). Eurosyn has an 171 established policy for protecting personal data, supporting innovation, and preserving 172 individual liberty (n°2072127v0). 173

At the beginning of the session, all the participants received an informational document describing the conditions related to their informed participation in the study and signed a consent form. At the end of the session, the participants received €15 in compensation for their participation.

178 2.2.2 The participants

Overall, 241 participants took part in the experiment. They all lived in the southern 179 suburb of Paris (namely relatively close to Villebon-sur-Yvette), and were recruited about two 180 weeks prior to the experiment using online and phone questionnaires focused on their 181 sociodemographic characteristics and consumption habits. Participants were randomly selected 182 using the quota method so that the composition of the sample was representative of the gender, 183 age, and socioeconomic demographics of the city's population. First, equal percentages of 184 women and men were chosen ex ante at the time of the recruitment, even if more women 185 attended the sessions, as shown in Table 2. Second, one-third of participants were 20–34 years 186 of age, one-third were 35-49 years of age, and one-third were 50-70 years of age. Third, 33% 187 of participants were highly skilled professionals, 48% were professionals in middle or low-188 ranking occupations, and 20% were not actively employed (namely students or retired people). 189 Moreover, participants were asked to indicate their diet in terms of animal and vegetable 190 consumption habits. During the recruitment process, the participants were informed that the 191 experiment would involve the consumption of fermented food products in association with a 192 tasting procedure. Only individuals who ate cheese, even just occasionally, were selected. 193

194

2.2.3 Description of the experimental procedure

Each session lasted 45 minutes and was organized as follows. At the beginning of the session, we orally provided the participants with some basic information. We told the participants that they would be tasting three food products twice. We underscored that all their responses would

198 be kept anonymous. We also made it clear that there were no "good" or "bad" responses and 199 that they should freely express how they felt about the food products.

200

At that point, the experiment began and took place in three main stages (Figure 2).

Stage 1: Blind tasting. The products were served on plates (see Figure 3) and labeled
with a 3-digit code. A balanced monadic presentation was used to limit carryover effects (see
Figure 3).

We gave the participants a plate with a specific product, and we asked them to indicate 204 a hedonic score based on the product's visual appearance. The 7-point hedonic scale ranged 205 from 1 for "strongly dislike" to 7 for "strongly like." We then asked the participants to consume 206 at least one mouthful of the product and indicate a hedonic score ranging from 1 for "very bad" 207 to 7 for "very good." The participants then replied to questions regarding their perception of 208 the food (related to bitterness, flavor intensity, saltiness, stickiness, hardness, fattiness, caloric 209 density, protein richness, and sensation of satiation) employing a 5-point Likert scale, where 1 210 was equal to "strongly disagree" and 5 was equal to "strongly agree." This procedure (visual 211 liking, taste liking, and perception liking) was successively repeated for the three foods. No 212 WTP were determined at this stage, since the "whole" product with a packaging and a name 213 was not yet introduced at this early stage 1, making difficult a WTP elicitation. This stage 1 214 was only focalizing on tasting, which is a crucial question for a completely new product. 215

Stage 2: Informed tasting and initial willingness to pay. We gave the participants basic information about the products' composition. A simple text appeared on a screen within the booth that explained the different percentages of pea and milk in fermented products. Afterwards, the participants took part in a new tasting procedure. When the participants were given the plates, each plate indicated the product's percentages of pea and milk (Figure 3). We then asked the participants to indicate a hedonic score based exclusively on the tasting. The

scale was the same as above: from 1 for "very bad" to 7 for "very good". This procedure(hedonic scoring) was successively repeated for the three foods.

We subsequently assessed the participants' willingness to pay (WTP) for the products. 224 During the few introductory explanations about this step eliciting WTP, we made clear that 225 none of the cheeses would be sold or given to the participants at the end of the session, because 226 they were prototypes that could be put on the market in the near future. A declarative method 227 for eliciting participants' WTP was performed.¹ Participants were given sheets with a list of 228 multiple prices for each product. There was one price-list sheet for each product. At the top of 229 the page, above the price list, was a picture of the product in a packaged form. The packaging 230 showed the percentage of pea and milk in the product. For the purposes of pictures, we created 231 packaging from Camembert boxes (Figure 4). Camembert is a well-known traditional cheese 232 in France, so using its packaging in the photos provided participants with a standard of 233 reference for the potential size of the products. We named the products Frompois (short for 234 Fromage de Pois in French), which means Peacheese in English. We created this hypothetical 235 packaging represented on a picture to lend credibility to the idea that the products would be 236 commercialized. 237

238

Stage 3: Willingness to pay after receiving nutritional or environmental information.
We communicated additional information to participants before reassessing their WTP. Half
the participants received information about the nutritional benefits of consuming pea-based

¹ The absence of legal authorization for selling these cheeses explained why an auction procedure could not be organized at the end of each session for potentially selling one packet of fermented product, based on elicited WTP. Performance-based financial incentives rely on providing the possibility to purchase the product based on the elicited WTP, via an auction or a Becker, DeGroot and Marschak (BDM) procedure (Becker et al., 1964). Lusk and Shogren (2007) underscore that simply asking for the "maximum amount participants are willing to pay for the products" without concrete products leads to risks of hypothetical biases, in which WTP are biased upward compared their "real" WTP.

foods; the other half received information about the environmental benefits of consuming peabased foods. We then asked the participants to respond to the price list for each product a second time.

In the experiment, we controlled for the order in which the three different cheeses were served. Although serving order varied across sessions, it was fixed for a given session for all the participants (Table 3). For each session, the order of WTP elicitation for these three cheeses was organized in accordance with the specific serving order of the session.

249 2.2.4 Details on assessing willingness to pay during stages 2 and 3

To assess WTP for the three cheeses previously tasted during stages 2 and 3, participants 250 were asked to choose whether or not they would buy the product for prices ranging from €1.80 251 to €3.60 that increased in increments of 10 cents on the multiple-price list (see Figure 5).² We 252 based these prices on a supermarket survey during which we noted the observed prices of 253 Camembert in Paris and the suburbs of Paris. As mentioned above, Camembert represented a 254 good standard of reference against which to compare the new food products. Participants were 255 given a new price-list sheet for each product during each round. Just above the price list was 256 the following question: "Would you purchase the product at the following prices? For each 257 line, check either yes, no, or maybe." 258

During each round, participants had to provide an answer for each price in the list for each product. The WTP for a given product was determined by identifying the highest price to which a participant responded "yes." If the answer was "no" or "maybe" for all the prices, the WTP was equal to $\in 1.70$, 10 cents below the lowest proposed price (an alternative

² Alternatively, we could follow a discrete choice experiment approach (Train, 2009), in which respondents indicate choice(s) among different choice sets composed of different hypothetical products built up by different combinations of attributes and levels of selected prices. With this alternative method, the purchasing decisions would also be hypothetical because of constraints coming from cheeses prototypes.

configuration in which the minimum price was €0 was also studied leading to similar results).
If the answer was "yes" for all the prices, the WTP was equal to €3.60 (the highest proposed price).³

In this experiment, we employed multiple-price lists to simplify the participants' task of 266 independently evaluating the products during the two rounds. In other words, the method was 267 very easy to understand for participants, which constituted the main advantage of this list. 268 Moreover, this "maybe" option in the list captures consumers' hesitations, which is particularly 269 important for new products, and often overlooked by other methods. However, the use of 270 multiple-price lists has been criticized for two main reasons (Andersen et al., 2006). First, they 271 elicit interval data rather than point estimates for WTP. In our study, the 10-cent interval helped 272 ensure that the WTP displayed a higher degree of precision. Second, there is a framing effect 273 where participants are psychologically biased toward the mid-range prices.⁴ However, despite 274 their shortcomings, multiple-price lists remain useful because they are straightforward when 275 participants are being asked to carry out multiple tasks. Ariely et al. (2003) underscored that 276 WTP, rather than being stable, are sensitive to various influences and anchoring, which 277 suggests the absence of panacea for finding WTP (see the comments about the hypothetical 278 WTP in the discussion of section 4). Marette et al. (2017) underlined that, if WTP are 279 particularly unstable under different contexts, WTP variations following revelations of 280

³Our study defines WTP using the highest "yes" for the 241 participants. For only 19 participants a lower limit (LL) for "yes" was observed, where LL < WTP. In these cases, LL is the lowest price to which they replied "yes"; they replied "no" or "maybe" to prices strictly lower than the LL. Marette et al. (2013) interpret this limit LL as a perceived price under which the quality of the product cannot be guaranteed, leading to a purchase refusal. These LLs are not considered in this study.

⁴Andersen et al. (2006) controlled for this effect by changing the boundaries of the multiple-price list. Here, we chose to use consistent boundaries because we were studying the impact of revealing further information on WTP estimates, which required that the participants receive the same price list. However, it would be possible to test robustness by placing participants in subgroups and giving those subgroups price lists with different intervals and different boundaries (e.g., higher or lower than €0.40 and €2.10).

information are invariant across these contexts, which provides credibility to the impact of
messages revealed between stages 2 and 3 of this study.

283

284 2.2.5 Details on the additional information provided during stage 3

The informational texts shown to participants during stage 3 were written after studying articles 285 in the nutritional and environmental sciences. We kept them relatively short because previous 286 research has underscored that shorter texts are more efficient than longer texts with more 287 complex information (Wansink et al., 2004). One text focused on nutrition/health, and the other 288 focused on the environment. They discussed the nutritional or environmental benefits 289 associated with the cultivation and consumption of peas. Because of time constraints, 290 nutritional information was given during half the sessions (representing a total of 123 291 292 participants), and environmental information was given during the other half of the sessions (representing a total of 118 participants). Translations of the informational texts are provided 293 294 in Appendix B.

295 2.3. Statistical analyses

Data analyses were performed using R software and XLSTAT software (Addinsoft, Paris, France, 2014, 5.02). First, we looked at the hedonic scores and the WTP scores separately. We tested whether the scores differed significantly between rounds using the Wilcoxon test for paired samples. We examined the correlations between the hedonic scores and the WTP scores with Spearman correlations.

The liking scores reflecting how the participants liked the products (visual liking scores, tasting liking scores after initial consumption, and tasting liking scores after receiving information on product composition) were analyzed using a three-way ANOVA in which

304 product type, consumer identity, and serving order were the main effects. Preference patterns 305 were explored by applying hierarchical cluster analysis (HCA, Euclidean distance, Ward's 306 criteria) to the normalized liking scores. This approach allowed us to define clusters of 307 participants with similar preference patterns. Differences among clusters and the specificities 308 of each cluster were further analyzed using ANOVAs, as described above: cluster was added 309 as a main effect, and the cluster × product type interaction was also included.

We used econometric estimators to analyze the WTP data. We examined the impact of 310 the informational texts by pooling the participants' WTP scores for the three food products 311 during stages 2 and 3. Given that each participant produced two WTP scores, errors related to 312 these variables were potentially correlated for each participant. Therefore, this random effect 313 imposed constraints on the structure of the variance-covariance matrix. Moreover, the WTP 314 scores were real numbers ranging between €1.70 and €3.60. This score could not be negative 315 and was left-censored at €1.70; we therefore used the random effects Tobit estimator, which 316 describes the relationship between a non-negative dependent variable and the independent 317 variables. In our model, product type was represented with dummy variables. More 318 specifically, the variable 25% pea was equal to 1 for the products containing 25% pea emulsion 319 and 0 otherwise; the variable 50% pea was equal to 1 for the products containing 50% pea and 320 0 otherwise; and the variable 75% pea was equal to 1 for the products containing 75% pea and 321 0 otherwise. We also used dummy variables for the informational text type. The variable 322 Information about Nutrition was equal to 1 when participants had been exposed to this text 323 324 type and 0 otherwise, while the variable *Information about Environment* was equal to 1 when participants were exposed to this text type and 0 otherwise. Regression analyses were also used 325 to explore participants' perceptions and socioeconomic characteristics. 326

328 3. Results

329 **3.1. Hedonic scores**

Overall, participants moderately liked the products. The mean visual liking score was 3.9; the mean initial liking taste score was 3.1; and the mean liking taste score after participants received compositional information was 3.2 (on a 7-point scale) (Figure 6).

There were significant differences in how the three products were scored over the course of the 333 session (i.e., between the visual liking score, the initial taste liking score, and the post-334 compositional information taste liking score) ($F_{prod (2, 478)} = 14.16$; p<0.0001) and by different 335 participants (F_{subi} (240, 478) = 6.02; p<0.0001). Serving order did not significantly affect the 336 hedonic scores (or the WTP scores). For each subgraph of figure 6, the Newman Keuls tests 337 show that liking scores of different products are statistically different. Regardless of the stage, 338 participants clearly preferred the product with the lowest pea percentage, namely 25% Pea 339 (Figure 6). After the participants first tasted the products, all the scores decreased by about one 340 point. Providing participants with information about the products' composition had no effect 341 on the scores (F $_{Info}(1,470) = 2.02$; p=0.157). The differences in scores among products were less 342 pronounced after the products were tasted, as highlighted by the results of the Newman Keuls 343 tests (Figure 6). 344

When the participants evaluated the products' sensory attributes using the Likert scale, the products were found to differ in their bitter, salty, sticky, fatty, and flavor notes (Appendix C). The 25% pea product was perceived as less bitter and less fatty than the other two products (50% pea and 75% pea). These results, and notably the greater perceived bitterness, could explain why participants liked the products with greater pea percentages less.

Using the HCA, we identified three different groups of participants with distinct preference patterns (Figure 7). These group differences were confirmed by the significant

cluster × product type interaction ($F_{4, 478}$ =7.36 and 15.12, p<0.0001) that emerged for the initial taste liking score and the post-compositional information taste liking score. While this interaction was not significant for the visual score, there was a pronounced effect of product type (Table 4).

The participants in cluster 2 (n=65) gave the products higher scores overall and were 356 more sensitive to the products' pea percentages (Fig. 7). They liked the products with higher 357 pea percentages less. In contrast, the participants in cluster 1 (n=32) clearly rejected all the 358 product types equally. Participants in cluster 3 (n=144) displayed an intermediate response: 359 they gave the products lower scores overall but demonstrated a preference for the 25% pea 360 product. The results of the screening questionnaire found no clear differences in the socio-361 demographic and dietary habits of participants in the different clusters, maybe because, beyond 362 hedonic scores, no particular anchorage effect could be isolated with such new fermented 363 products. There were some slight differences in their consumption of fruit, starchy foods, and 364 tofu. In particular, a portion of cluster 2 participants had a higher level of tofu consumption. 365

366

367 3.2 Willingness-to-pay scores

In our analysis of the WTP scores, we distinguished between non-engaged participants and engaged participants. Non-engaged participants never replied "yes" to any price on the six different price-list sheets, while engaged participants replied "yes" at least once.

A total of 239 study participants filled out the price-list sheets; 2 did not. Among these 239 people, 111 were non engaged, and 128 were engaged. Figure 8 shows the average WTP score for the engaged participants. As a reminder, the WTP score indicates the maximum price a participant was willing to pay for the product, which was equal to the highest price associated with a "yes" or to \in 1.70, if the participant did not failed to reply "yes" to any price (subsection

2.2). Even if different explanations could be suggested to explain that 111 participants never 376 replied "yes" to any price, the most likely one is the fact that participants do not adhere to this 377 type of fermented products and would never want to buy it, since the bottom price on the price 378 list was maybe too high (see a quasi-confirmation of this idea with Figure 10 below). Their 379 purchasing intents are very likely to be zero with a WTP equal to €1.70, since almost all cheeses 380 like Camembert were sold at a price higher than €1.80 on the French market at the time of the 381 experiment. Note that 111 non-engaged bidders (with no "Yes") is a big share of the sample 382 with 239 participants, which is "classical" for food innovation. 383

For each product type, we present the mean WTP score for the three different products 384 before and after the participants were shown an informational text about the nutritional or 385 environmental benefits of consuming pea-based foods. Data were pooled including these two 386 treatment groups receiving different informational texts. 387

In Figure 8, the average pre-information WTP score is the first bar for each product. 388 These mean WTP scores were negatively associated with pea percentage: the 25% pea product 389 had the highest average WTP score, even if these average WTP scores for the three products 390 are relatively close ⁵. After the participants were shown the informational texts, the WTP scores 391 significantly increased for the three products. The greatest effect was seen for the 50% pea 392 product (with an increase of 7.4%). 393

394

The econometric estimates clarified the impact of providing the participants with the nutritional or environmental information. As a reminder, we used dummy variables (1/0) to 395

⁵ From Wilcoxon tests for comparing paired samples, the study of WTP scores before the revelation of information (corresponding to first bars on figure 8) leads to the following results. The WTP scores for the 25% pea product are statistically different from the WTP scores for the 75% pea product (P=0.010). Conversely, the WTP scores for the 50% pea product are not statistically different from the WTP scores for the 25% pea product (P=0.113) and for the 75% pea product (P=0.329).

encode the product types (25% pea, 50% pea, 75% pea) and the informational types
(Information about Nutrition and Information about Environment).

We also carried out regressions using the data from all the participants (n=239) and the 398 engaged participants (n=128). Both regressions yielded similar results even if their coefficients 399 were different. This difference was explained by the inclusion of non-engaged participants 400 (WTP score of €1.70) in the first regression. The coefficients were higher in the second 401 regression, which only included data for the engaged participants (much higher WTP scores). 402 Table 5 confirms the results shown in Figure 8. In the second regression, before the participants 403 were shown the informational texts, the WTP score for the 25% pea product (coefficient = 404 2.142) was significantly higher than the WTP score for the 50% pea product (coefficient = 405 2.071), which was, in turn, higher than the WTP score for the 75% pea product (coefficient = 406 2.026). These results mean that participants preferred the product with the highest percentage 407 of milk. 408

After the participants were shown the informational texts, the WTP scores increased 409 significantly, but not across the board. In particular, the WTP score for the 75% pea product 410 was uninfluenced. Both types of information had the strongest impact on the 50% pea product 411 (coefficients = 0.161 and 0.144 in the second regression), although the nutritional information 412 had a greater effect than the environmental information. For the 25% pea product, only the 413 nutritional information had a significant impact, perhaps because the product contained a 414 smaller percentage of pea. These results indicate that the participants internalized what they 415 had been told when it came to the products they liked more (the 25% pea product and the 50%) 416 417 pea product); they did not apply it in the case of the least preferred product (the 75% pea product). In other words, the participants' reactions to the information depended on their 418 preferences. 419

We also ran alternative regressions using socioeconomic characteristics (taken from the recruitment questionnaires) and the participants' perceptions of food innovations (taken from the end-of-session questionnaire), but these variables had no influence on the WTP scores (results not shown). As previous research has indicated (see Lusk and Shogren, 2007), in laboratory trials, the influence of factors such as income or educational level is limited compared to the influence of dietary habits.

We examined cases in which participants replied "yes" at least once on the price-list 426 sheets but also sometimes answered "maybe". Indeed, a given participant might reply "yes" to 427 the lowest prices and then "maybe" to some of the mid-range prices. For this analysis, we 428 pooled all the responses for the three product types and the two assessment rounds for each 429 participant. Out of the total of 1,416 observations (including situations in which "yes" was 430 never chosen), there were 548 cases in which participants replied "maybe" at least once above 431 the highest price to which they replied "yes." These cases represented a substantial percentage 432 of the total observations (38.7%). This finding may indicate that many participants felt 433 hesitation in the face of these new fermented products. We noted that the highest "maybe" 434 always occurred above the highest "yes" and that the difference between the two was rather 435 pronounced (Fig. 9), which lends support to this idea. Indeed, the difference was greater or 436 equal to €0.40 in 48% of these cases, suggesting that WTP could increase if efforts were made 437 to persuade individuals to consume these new products. 438

439

440 **3.3** Correlations between the hedonic scores and the willingness-to-pay scores

During stage 2, the hedonic scores and the WTP scores were obtained in succession, which allowed us to examine their correlation. Figure 10 shows the relationships between the hedonic scores and the WTP scores, with the hedonic scores on the x-axis, and the average

WTP score for each subgroup defined by a specific score on the y-axis. The data for the three product types are pooled, and the numbers of observations associated with each score are indicated at the top of the figure.

The hedonic scores and the WTP scores were correlated (Spearman correlation 447 coefficient = 0.532; Fig. 10). It is clear that when participants gave the products poor hedonic 448 scores (≤ 3), they also showed a low WTP for the products, which averaged between $\in 1.70$ 449 and €1.80. Many of them with this poor hedonic score never replied "yes" to any price of the 450 list with a WTP arbitrarily equal to €1.70 (see subsection 2.2), simply meaning that they would 451 never buy a fermented product they do not like. When the participants gave neutral or good 452 hedonic scores (≥ 4) to the products, there was a clear positive relationship between the 453 hedonic scores and the WTP scores. 454

455

456 **4. Discussion**

Previous results can help inform future work to develop plant-based fermented products that 457 are attractive to consumers, regardless of their dietary habits. In general, participants 458 459 moderately liked the products. This interest for the products was reinforced when participants were given additional information about the benefits of pea-based foods, especially when the 460 information conveyed a nutritional message. The large number of "maybe" replies during the 461 WTP assessments suggest that targeted marketing campaigns could help convince consumers 462 of the benefits associated with new fermented products containing a mixture of animal- and 463 plant-based protein sources. We observed marked differences among individual participants, 464 which is common in research on innovative products. We found that participants demonstrated 465 an interest in these fermented foods, which provides support for the products' introduction onto 466 the market. More specifically, there was a clear preference for the product with the highest 467

468 milk content and lowest pea content (the 25% pea product had the highest WTP scores). Our 469 approach represents an alternative to classical solutions for reducing the consumption of animal 470 products. Indeed, traditionally, efforts have focused entirely on replacing animal-based 471 products with plant-based products. Here, we suggest a partial substitution within the context 472 of a given product.

In our experimental design, we utilized both hedonic scores and WTP to delve more deeply into consumer behavior, an approach that shows great potential. Our results clearly show that a strong correlation exists between how well participants like a product and their WTP (see Roosen et al., 2007). Indeed, both hedonic and WTP scores provide crucial information that should be evaluated before introducing products onto the market.

Although the experiment took place in sensory booths, which do not necessarily 478 replicate real-life conditions, they did allow us to analyze participant behavior under controlled 479 conditions. This approach has clear advantages because certain "field" studies have 480 underscored the problems engendered by information proliferation, imperfect recall, the lack 481 of time before purchasing, the large number of purchased products, and/or confusion about 482 complex information, which many consumers face in situ in stores. These issues often make it 483 relatively difficult to interpret results from experiments conducted under real-life conditions 484 (Falk and Heckman, 2009). However, it would be useful to conduct a complementary "field" 485 experiment in which our study food products are made available in supermarkets, although 486 such an experiment would be complicated because of the need to obtain regulatory 487 authorization. However, in such an experiment, consumers would be purchasing real products, 488 489 which should eliminate the hypothetical nature of the WTP scores obtained in this study using a multiple-price list. Clearly, two of the key limitations of our research are the artificial 490

491 conditions under which it was conducted and the estimates of WTP being based on hypothetical
 492 purchases.⁶

The results for the participants' perception of the products revealed significant 493 differences in product bitterness. The 75% pea product was perceived as significantly more 494 bitter than the other two products, which could explain why most participants rejected it 495 entirely. Fermentation can help reduce perceived bitterness, but it appeared to be insufficient 496 in this study in the case of the 75% pea product. Indeed, this product presented the sensory 497 characteristics typical of pulses, notably bitterness (Bott and Chambers, 2006; Humiski and 498 Aluko, 2007). The use of other legume species (e.g., faba beans, soybeans) could be another 499 solution for modifying the perceived bitterness of fermented products. 500

501 In addition, the culinary role that products have the potential to play can greatly impact 502 their perception and how well they are liked. For example, these fermented products could have 503 different uses than classical cheeses, and they could be cooked, added to salads, or spread on 504 bread. Participant acceptance and WTP could also change if the products were tested under 505 real meal preparation conditions.

506 Consumer preferences and product composition (subsection 2.1) may also lead to 507 broader industrial options and the possibility of further differentiating the products. The use of 508 products that mix animal- and plant-based protein sources could receive support from 509 policymakers, perhaps via subsidies for low-quality cheeses. The introduction of these new 510 products could also impact supply chains and agricultural systems by lengthening crop

⁶Even if hypothetical WTP are likely to be biased upward, recent research seems to show that the risks of such biases are limited for private goods. By comparing hypothetical and non-hypothetical responses, Lusk and Schroeter (2004) showed that the marginal WTP associated with changes in food quality/characteristics or the revelation of information (as in our study) does not tend to be statistically different between hypothetical and real payment situations.

rotations and increasing the frequency of legumes in classical rotations, which are often basedon wheat, canola, and barley (Knight, 2012).

513

514 **5.** Conclusion

Our study has improved understanding of how consumers may respond to new products 515 incorporating plant-based protein sources. This knowledge may help diversify food protein 516 sources with a view to encouraging behaviors that increase dietary sustainability. We identified 517 different groups of potential consumers who displayed distinct responses to the products. Some 518 were clearly interested in consuming these mixed products; indeed, our results suggest that the 519 products might be accepted by almost half the population. While participants appeared to be 520 largely motivated to consume these products based on their sensory characteristics, desirability 521 was also affected by providing information about the foods' nutritional and environmental 522 523 benefits. Furthermore, the nutritional information had a stronger overall impact than the environmental information on the participants' appreciation of and willingness to pay for the 524 products. Further research that includes life-cycle assessments of fermented products should 525 526 be conducted to quantify their environmental benefits.

527 The results of this study underscore that creating new foods that combine animal- and 528 plant-based ingredients should be promoted as part of the effort to design more sustainable 529 diets. A significant percentage of consumers may actively support the release of these new 530 products, which have significant benefits for human health and the environment.

531

532 **References**

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628

Table 1. Composition of fermented products based on pea protein and milk - biochemical characteristics (pH and dry weight) after the day 0 when the fermented products were are ted and the day 16 that was the ring day (9/2)/(9/2)

- 631 created and the day 16 that was the ripening day (% w/w)
- 632

		Mix product	Mix product	Mix product	Pea product
		25% Pea	50% Pea	75% Pea	100% Pea
		75% Milk	50% Milk	25% Milk	0% Milk
Day 0	Proteins (%)				
	* pea	2.5	5	7.5	10
	* milk	7.5	5	2.5	0
	Fat (%)	9.5	9.5	9.5	9.5
	Lactose (%)	12	8	4	0
	Salt (%)	0.2	0.2	0.2	0.2
	рН	5.5	5.6	5.7	5.9
	Dry weight (%)	29.6	27.2	23	20.3
Day 16	рН	4.6	4.5	4.5	6.6
	Dry weight (%)	40.3	38.7	34.9	26.3

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634

635

Table 2: Sociodemographic and dietary characteristics of participants

637

		241 participants
Condor	Women (%)	46
Gender	Men (%)	54
	20-34 (%)	40
Age (year)	35-49 (%)	38
	Age 59 and over (%)	20

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Lovalof	< Baccalaureate (%)	20	
Level of	Bac and bac $+ 2 (\%)$	48	
education	Higher than bac $+ 2 (\%)$	33	
	I prefer fish to meat, but]	[
	eat meat when the	18	
	opportunity arises (%)		
Diotory	I like meat a lot and eat a		
babits ²	lot of it, it's hard to imagi	ne 19	
nabits	a meal without it (%)		
	I like meat, I consume it	63	
	regularly (%)		
Table 3. Sul	bgroups with specific ord	ers of products appear	ance
Table 3. Sul	bgroups with specific ord	ers of products appear Number of sessions	ance Overall number
Table 3. Sul Order of p sessions Pea 25% P	bgroups with specific order roducts during	ers of products appear Number of sessions	ance Overall number participants 43
Table 3. Sul Order of p sessions Pea 25%, P Pea 25% P	bgroups with specific order roducts during ea 50%, Pea 75% ea 75% Pea 50%	ers of products appear Number of sessions	ance Overall number participants 43 48
Table 3. Sul Order of p sessions Pea 25%, P Pea 50% P	bgroups with specific orde roducts during ea 50%, Pea 75% ea 75%, Pea 50% ea 25% Pea 50%	ers of products appear Number of sessions	ance Overall number participants 43 48 46
Table 3. Sul Order of p sessions Pea 25%, P Pea 25%, P Pea 50%, P Pea 50%, P	bgroups with specific order roducts during ea 50%, Pea 75% ea 75%, Pea 50% ea 25%, Pea 50% ea 75%, Pea 25%	ers of products appear Number of sessions	ance Overall number participants 43 48 46 36
Table 3. Sul Order of p sessions Pea 25%, P Pea 50%, P Pea 50%, P Pea 50%, P	bgroups with specific order roducts during ea 50%, Pea 75% ea 75%, Pea 50% ea 25%, Pea 50% ea 75%, Pea 25% ea 25%, Pea 50%	ers of products appear Number of sessions 4 4 4 3 3	ance Overall number participants 43 48 46 36 35
Order of p sessions Pea 25%, P Pea 50%, P Pea 75%, P Pea 75%, P	bgroups with specific order roducts during ea 50%, Pea 75% ea 75%, Pea 50% ea 25%, Pea 50% ea 25%, Pea 25% ea 25%, Pea 25% ea 50%, Pea 25%	ers of products appear Number of sessions	ance Overall number participants 43 48 46 36 35 33

	cluster		cluster Product		cluster*Product	
	Ciu	ISICI	110	uuti	Cluster	TTOUUCI
LIKING	F value	P value	F value	P value	F value	P value
aspect -						
stage 1	230,84	< 0,0001	10,16	< 0,0001	1,02	0,395
stage2	190,27	< 0,0001	2,54	0,080	7,38	< 0,0001

<sup>Table 4: Analyses of variance (ANOVA) on cluster and product with interaction for the
liking related to the aspect, the blind tasting at stage 1 and after composition information
at stage 2.</sup>



⁶⁵⁸

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663 Appendix A

²³⁹ 128 engaged participants participants WTP WTP 1.767** 2.142** 25% Pea (1/0) (0.020)(0.042)1.729** 2.071** 50% Pea (1/0) (0.019)(0.042)1.704** 2.026** 75% Pea (1/0) (0.019)(0.042)0.128* 0.073* 25% Pea (1/0) × Information about Nutrition (1/0)(0.032)(0.061)0.036 0.074 25% Pea (1/0) × Information about Environment (1/0)(0.032)(0.063)0.091** 0.161** 50% Pea (1/0) × Information about Nutrition (1/0)(0.032)(0.061)0.074* 0.144* 50% Pea (1/0) × Information about Environment (1/0)(0.033)(0.063)0.041 0.101 $75Pea (1/0) \times Information about Nutrition (1/0)$ (0.063)(0.032)0.056 0.070 75% Pea (1/0) × Information about Environment (1/0)(0.033)(0.061)0.288*** 0.388*** Stand. devi ɛ (0.005)(0.010)0.391*** 0.248*** Stand. dev. µ (0.012)(0.016)Observations N=1 434 N=768 Log likelihood -468.55-451.71

664 Details about product preparation, gelation, and fermentation

The pea emulsion was prepared by mixing 64 kg of tap water with 190 g of NaCl in an 665 80-L stainless steel bioreactor. The solution was heated to 50°C and kept at that temperature 666 for 30 min using the hot water circulation system in the double envelope of the bioreactor. 667 Then, 11.4 kg of pea protein isolate were added. This protein suspension medium was agitated 668 and maintained at 50°C for 20 min before being sterilized. Sterilization was performed via 669 steam injection (110°C for 15 min). The medium was then kept at 60°C for 30 min; 7 kg of 670 rapeseed oil was subsequently added. Lastly, the suspension was heated to 60°C and shaken 671 for 55 min. 672

The milk emulsion was prepared by mixing 15.48 kg of skimmed cow's milk powder with 32.4 kg of tap water and 132 g of NaCl in a 60-L stainless steel bioreactor. The solution was heated to 50°C and kept at that temperature for 2 h using the hot water circulation system in the double envelope of the bioreactor. The reconstituted milk was then sterilized via steam injection (110°C for 15 minutes). The medium was cooled for 2 h until it dropped to a temperature of 60°C; 4.7 kg of rapeseed oil was then added. The mixture was stirred for 30 min at 60°C.

The two emulsion types were drawn off into sterile cans. The cans were transported to the technology platform, where they were stored overnight in a cold room at 4°C. The two emulsion types were then distributed into four stainless steel manufacturing tanks based on the desired composition: tank 1—100% pea (29 kg); tank 2—75% pea (27.75 kg) and 25% milk (7.25 kg); tank 3—50% pea (14.5 kg) and 50% milk (14.5 kg); and tank 4—25% pea (7.25 kg) and 75% milk (27.75 kg). The four tanks were then heated to 60°C and subject to stirring for 1 h. To initiate gelation, an agar solution (1 L at 1% w/v prepared in boiled water cooled to

687	50°C) and glucono delta-lactone (GDL; 0.5% w/v) were added to each tank. Tank temperature
688	was then lowered to 40°C and kept there for 30 min before inoculation took place.

The four suspensions were inoculated with a physiological saline solution containing a defined microbial community. Cell density was 6.0 log CFU/g for each bacterial strain and 4.0 log CFU/g for each fungus. The suspensions, which had not yet gelled, were rapidly poured into aluminium moulds (165 mL/type of gel with a mass of 190 g), which were placed in a room kept at 30°C with a relative humidity of 95%. They were left there overnight to allow coagulation to occur.

The products were dried for 24 h under conditions of continuous air circulation; the temperature was lowered by 5°C every 3 h until it reached a stable 10°C. The gels were removed from the moulds, placed on plastic moulds, and incubated in a maturing cellar for 14 days at 9°C with a relative humidity of 92.5%.

699

700 Appendix B

701 Informational texts shown to the participants during stage 3.



- 702
- Figure B1. Nutritional information about the benefits of pea-based foods shown to 123
- 704 participants



705

Figure B2. Environmental information about the benefits of pea-based foods shown to

707 **118 participants**

709 Appendix C

710 Specific perceptions of three fermented products

Figure C1 presents the perceptions of three fermented products related to 8 criteria namely 711 bitterness, flavor intensity, saltiness, stickiness, hardness, fattiness, protein richness, and 712 sensation of satiation. At the end of stage 1 (blind tasting), we employed a 5-point Likert scale, 713 where 1 was equal to "strongly disagree" and 5 was equal to "strongly agree". For the three 714 products, the y-axis indicates the percent of participants who agree (including the "strongly 715 agree" replies), who are indifferent, and who disagree (including the "strongly disagree" 716 replies). It shows that the products were found to particularly differ in their bitter, salty, sticky, 717 fatty, and flavor notes. 718





Figure C1. Specific perceptions of three fermented products

727 author statement

- 728 Anne Saint-Eve: Conceptualization, Writing- Reviewing, Methodology and Editing,
- **Françoise Irlinger**: Product conception and realization, Writing- Reviewing,
- **Caroline Pénicaud**: Methodology, Writing- Reviewing, **Isabelle Souchon**:
- 731 Methodology, Writing- Reviewing, **Stéphan Marette**: Conceptualization,
- 732 Methodology, Writing- Reviewing



- Figure 1: Pictures of the four fermented products the day where they were tasted: 25%
 Pea, 50% Pea, 75% Pea and 100% Pea.



Figure 10. Link between the hedonic score and WTP at stage 2 for the three types of

fermented products for which observations are pooled (Spearman correlation coefficient
 0.532)



Journal Pre-proofs STAGE 2: Tasting with **STAGE 1: Blind Tasting** information about the content

- **Figure 3. Plates served at stages 1 and 2 presented with fermented product samples.** Note: From French, *lait de vache* means *Cow Milk* and *Pois* means *Pea*. 752
- 753
- 754
- 755
- 756



- 758 Figure 4. Pictures of fermented mix products above the multiple-price list for determining
- the WTP at stages 2 and 3. Note: From French, *Frompois* means *Peacheese*, *lait de vache*means *Cow Milk* and *Pois* means *Pea*.

765		YES	NO	Maybe
766	1.80 Euro			
767	1.90 Euro			
768	2 Euros			
769	2.10 Euros			
770	2.20 Euros			
771	2.30 Euros			
772	2.40 Euros			
773	2.50 Euros			
774	2.60 Euros			
775	2.70 Euros			
776	2.80 Euros			
777	2.90 Euros			
778	3 Euros			



Figure 6. Liking scores of the three fermented products (25% Pea, 50% Pea and 75% Pea) evaluated at the different stages 1 and 2 (mean score of 242 consumers). Note: Post-hoc Newman Keuls tests were conducted to test paired-product differences (p<0.05). The letters A to C correspond to the Newman-Keuls group associated and permit to identify sample means that are significantly different from each other.



cluster 2 cluster 1 cluster 3 A В С С E Е

799

Figure 7. Liking scores related to the appearance (a), the blind tasting at stage 1 (b) and 800 after composition information at stage 2 (c) for the three clusters for each product. Note: 801 Newman Keuls tests were conducted to test paired-product differences (p<0.05) and added for 802 cluster*product interaction. The letters A to E correspond to the Newman-Keuls group 803 associated and permit to identify sample means that are significantly different from each other. 804

805







Figure 8. Impact of additional information about nutrition and environment on WTP for 128 engaged participants.

810 Note: Δ^{**} denotes significant difference at 1% as tested by the Wilcoxon test for comparing 811 paired samples.

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813



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Number of observations with a positive difference

Figure 9. Differences between the highest "Maybe" and the highest "Yes" (WTP) by a same participant. Pooled observations over both stages 2 and 3 and for the three types of fermented products (548 observations with positive differences)

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820

821

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